# DeKalb County Board of Health Update

December 8, 2023



Sandra J. Valenciano, MD, MPH
District Health Director
DeKalb County Board of Health

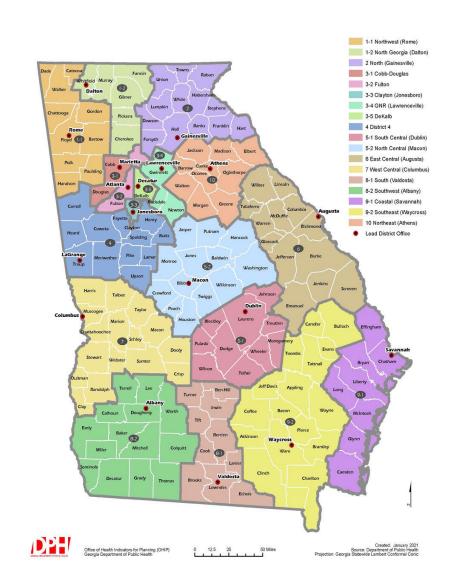
# **Agenda**

- Introduction of DeKalb County Board of Health
- Profile of DeKalb County
- Status of Health in DeKalb County
- Programs and Services to Address Disparities
- Questions/Discussion

# DEKALB COUNTY BOARD OF HEALTH (DCBOH)

# **DeKalb County Board of Health**

- One of 18 public health districts in GA
  - District 3-5
- One county district



# Our Vision, Mission, and Core Values

#### **VISION STATEMENT**

A healthier DeKalb where all residents have equitable access to public health resources and live healthy lives.

#### **MISSION STATEMENT**

To protect, promote, and improve the health and well-being of all DeKalb County residents.

#### **CORE VALUES**

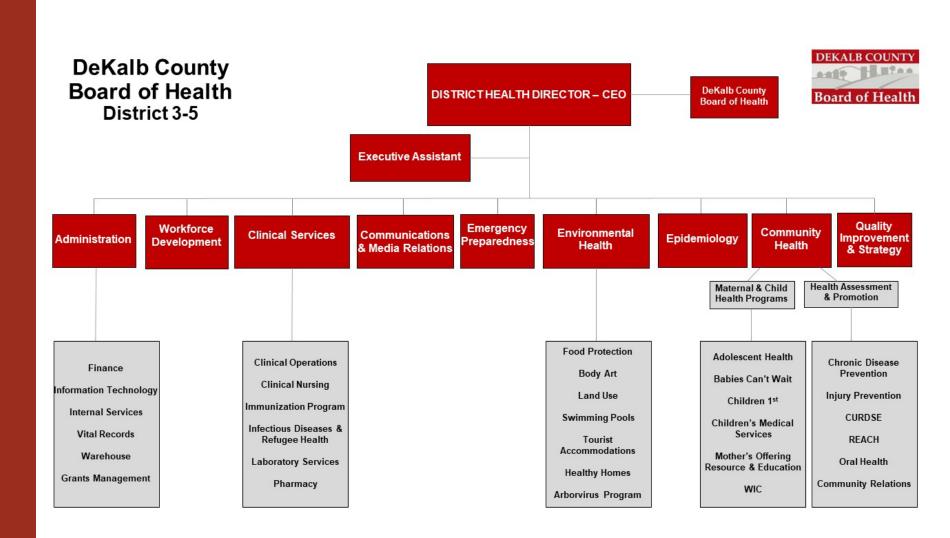
**T**eamwork

**I**mprovement

**E**xcellence

Diversity, Equity, and Inclusion

# **DCBOH Organizational Chart**



## **DCBOH Health Centers**



#### **Richardson Health Center**

Countywide Services 445 Winn Way Decatur, GA 30030 Telephone: (404) 294-3700



#### North Dekalb Health Center

3807 Clairmont Rd., N.E. Chamblee, GA 30341 Telephone: (770) 454-1144



T.O. Vinson Health Center

440 Winn Way Decatur, GA 30030 Telephone: (404) 294-3762



#### **Clifton Springs Health Center**

3110 Clifton Springs Road., Suite D Decatur, GA 30034 Telephone: (404) 244-2200



**East Dekalb Health Center** 

2277 S. Stone Mtn. - Lithonia Rd. Lithonia, GA 30058 Telephone: (770) 484-2600

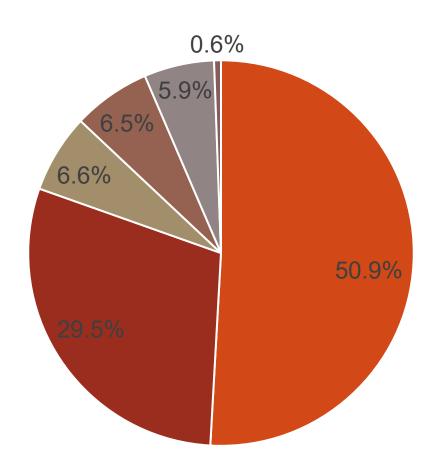
# PROFILE OF DEKALB COUNTY



# Who lives in DeKalb County?

General Characteristics	2021	%
Total Population	758,634	
Gender		
Male	359,939	47.4%
Female	398,695	52.6%
Age		
Under 5 Years	51,229	
5 to 19 years	141557	18.6%
20 to 64 years	470255	62.1%
65 years and over	95593	12.6%

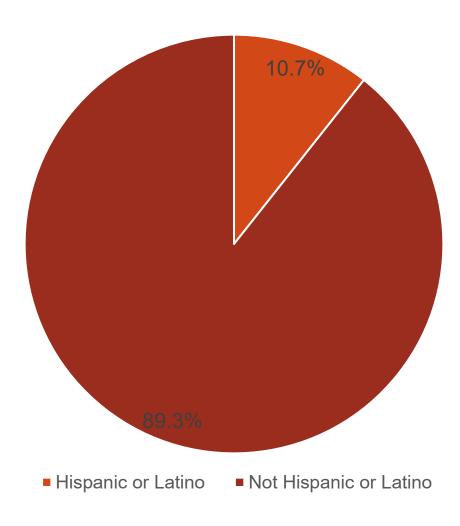
# **DeKalb County Population by Race, 2020**



■ Black ■ White ■ Asian ■ Two or More Races ■ Other ■ AIAN



# DeKalb County Population by Ethnicity, 2020

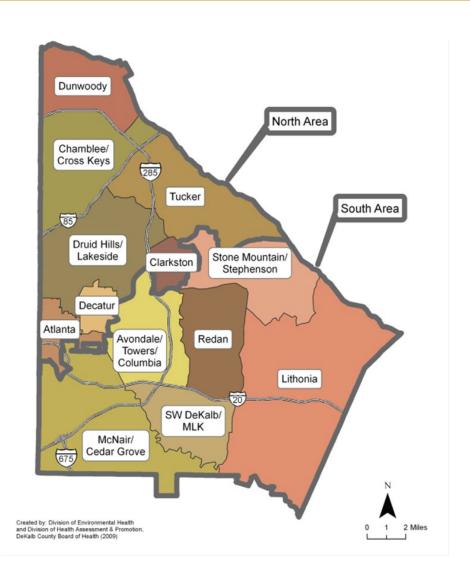


# **Additional Characteristics**

2021 population estimates from the 2021 American Community Survey 5-Year Estimate				
Total population	758,634			
% Change in total population from 2010 Census	+10.7%			
% Foreign born	16.2%			
% Speak language other than English at home, >5 years old	19.2%			



## North and South DeKalb



# STATUS OF HEALTH IN DEKALB COUNTY

# Leading Causes of Premature Death by Years of Potential Life Lost (YPLL) and YPLL Rate, 2017-2021

Rank	Cause	YPLL	YPLL rate (per 100,00 under age 75)
	External Causes	82,131.0	2,276.5
	Homicide	25,276.0	700.6
1	Poisoning	16,810.5	466.0
	Major Cardiovascular Diseases	49,236.0	1,364.7
	Obstructive Heart Disease (incl. Heart Attack)	12,429.0	344.5
2	Hypertensive Heart Disease	8,865.5	245.7
	Cancers	40,260.0	1,115.9
	Breast Cancer	5,575.5	154.5
3	Lung Cancer	5,533.0	153.4
	Infectious and Parasitic Diseases	18,236.5	505.5
4	COVID-19	8,827.5	244.7
	Endocrine, Nutritional and Metabolic Diseases	18,236.5	505.5
5	Diabetes	9,351.0	259.2

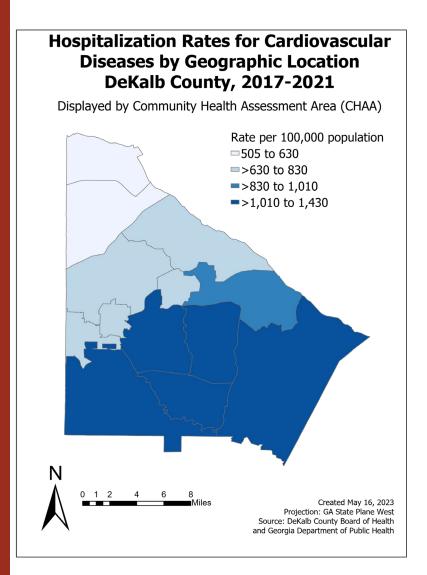
Source: Mortality, Online Analytical Statistical Information System (OASIS), Office of Health Indicators for Planning, GPH



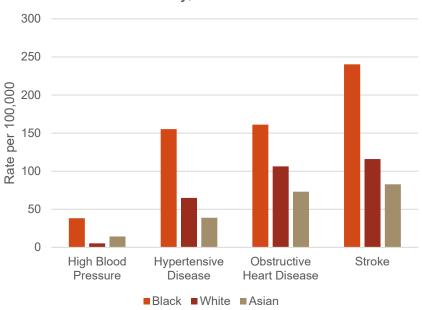
## **Leading Cause of Death, 2017-2021**

		DeKalb County		Georgia	
Rank		Number of	(1	Number of	Age- Adjusted Death Rate (per 100,000)
	Major Cardiovascular Diseases	6,984	190.0	132,664	241.7
	Obstructive Heart Disease (incl. heart attack)	1,736	46.2	40,426	72.2
1	Stroke	1,378	38.1	23,507	43.9
	Cancers	5,136	133.7	88,128	151.2
	Lung	950	24.7	21,310	35.7
	Breast	505	12.9	6,763	11.7
2	Colon	499	12.8	8,210	14.2
	External Causes	2,604	68.6	34,448	72.0
	Homicide	611	16.4	4,734	9.1
	Poisoning	533	13.5	8,298	15.7
3	Motor Vehicle Crashes	503	13.0	8,359	15.4
4	Nervous System Diseases	409	67.7	7,333	83.3
5	Respiratory Diseases	1,811	50.2	43,838	79.2
	Pneumonia	249	6.9	6,445	11.9

## Cardiovascular Disease



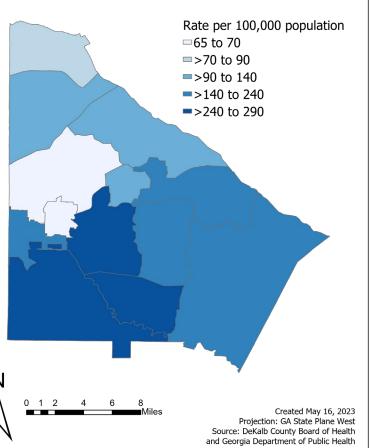
Morbidity Rates for Cardiovascular Disease by Type and Race, DeKalb County, 2017-2021



# **Diabetes**

# Hospitalization Rates for Diabetes by Geographic Location DeKalb County, 2017-2021

Displayed by Community Health Assessment Area (CHAA)



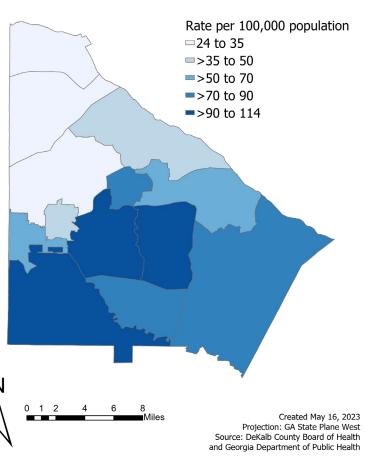
Percentages of Adults with Diabetes by Race and Age, DeKalb County, 2017

		Race		ļ	)	
	Total	White	Black	18 to 44	45 to 64	65 and over
Percentage	9.4	9.2	8.2	4.5	5.9	32.6

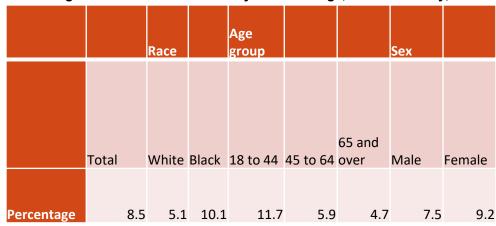
# **Asthma**

# Hospitalization Rates for Asthma by Geographic Location DeKalb County, 2017-2021

Displayed by Community Health Assessment Area (CHAA)

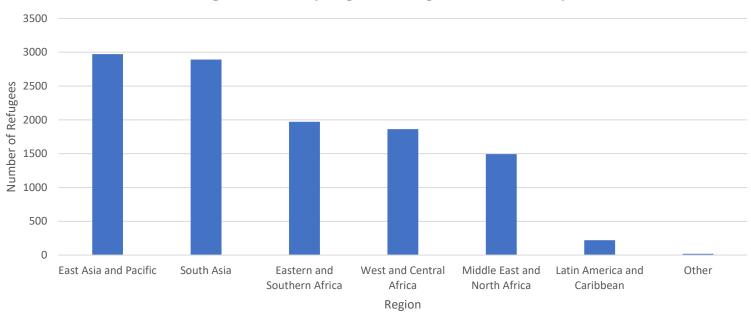


#### Percentages of Adults with Asthma by Race and Age, DeKalb County, 2017



# Refugee Health

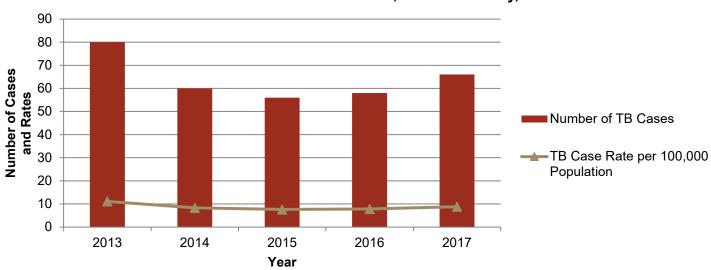




- From 2013-2017, 11,434 refugees arrived in DeKalb County
  - Of these, 94% received health screenings at DCBOH

# **Tuberculosis**

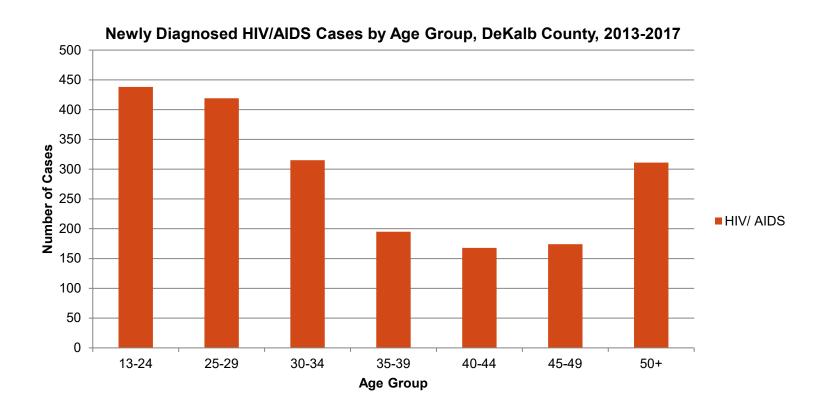
Tuberculosis case numbers and rates, DeKalb County, 2013-2017



Percentages of TB cases by known risk factor, DeKalb County, 2013-2017

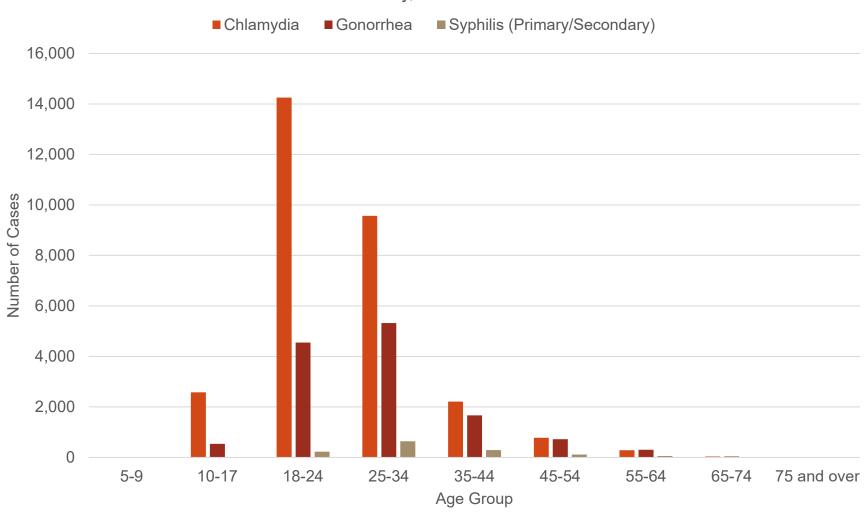
Risk Factors	2013	2014	2015	2016	2017
Foreign- born	71.0%	62.0%	68.0%	63.0%	78.0%
HIV infection	18.0%	17.0%	4.0%	8.0%	3.0%
Homeless	3.0%	13.0%	11.0%	3.0%	1.0%
Correctional inmate	4.0%	3.0%	2.0%	0.0%	1.0%
Long-term care					
resident	0.0%	2.0%	0.0%	0.0%	1.0%
Substance	8.0%	3.0%	7.0%	13.0%	9.0%
abuse	8.0%	3.0%	7.0%	13.0%	9.0%

# **HIV/AIDS**



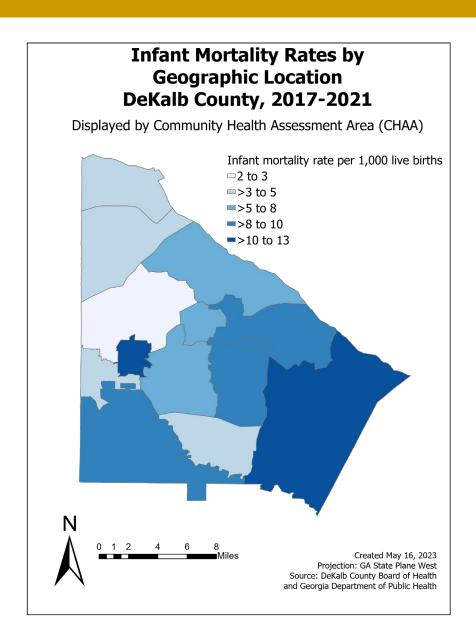
# **Sexually Transmitted Diseases**

Numbers of Sexually Transmitted Disease Cases by Type and Age Group, DeKalb County, 2017-2021





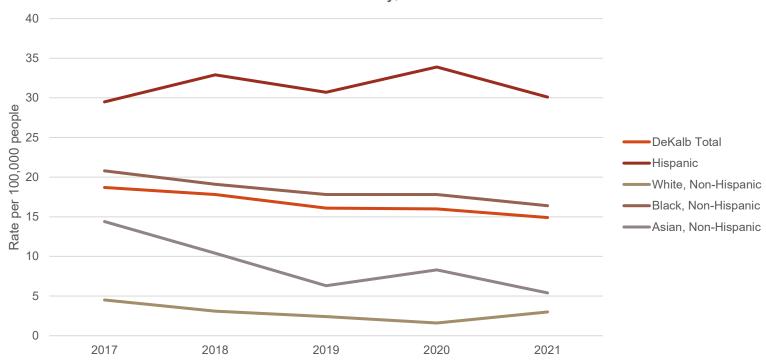
# **Infant Mortality Rate**





# **Teen Pregnancy**

Pregnancy Rates among Females 10-19 by Race/Ethnicity and Year, DeKalb County, 2017-2021

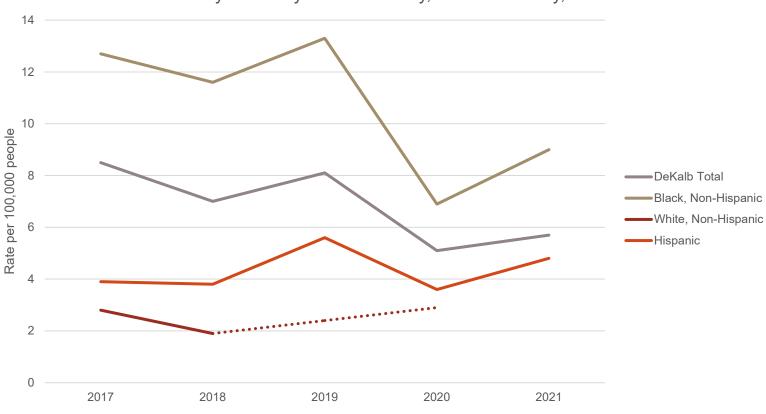


Source: Online Analytical Statistical Information System (OASIS), Georgia Department of Public Health.



# **Infant Mortality**





Source: Online Analytical Statistical Information System (OASIS), Georgia Department of Public Health.

<sup>\*</sup> Dotted line indicates data has been censored due to low infant mortality counts

# COVID-19 data in DeKalb County (through 12/08/2023)

# DeKalb County: 172,117 confirmed cases

- 10,609 hospitalizations
- 1,796 deaths
- 7.4% of all cases in GA

## Total U.S. COVID-19 Quick Stats

### **Severity Indicators**

Hospitalizations >

**Hospital Admissions** 

22,513

(November 26 to December 2, 2023)

**Trend in Hospital Admissions** 

+17.6% in most recent week

Oct 14, 2023

Dec 2, 2023

Deaths >

% of All Deaths in U.S. Due to COVID-19

3.0%

(November 26 to December 2, 2023)

Trend in % COVID-19 Deaths

+25% in most recent week

Oct 14, 2023

Dec 2, 2023

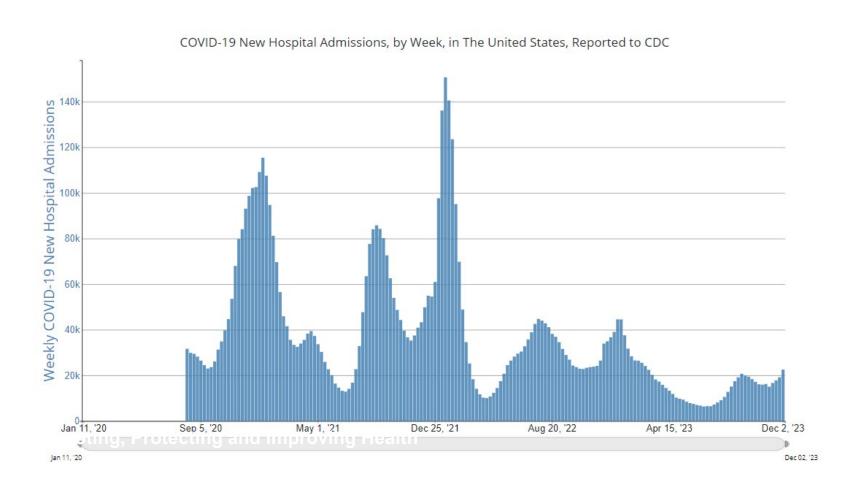
Teal Hospitalizations Improving Health

6,544,614

**Total Deaths** 

1,158,185

# **Total U.S. COVID-19 Hospital Admissions**



# **CDC COVID-19 Hospital Admission Levels**

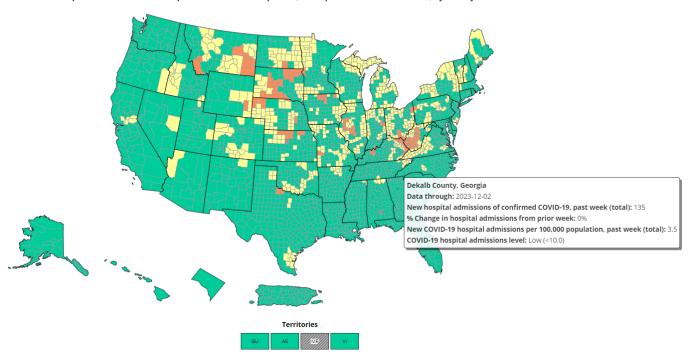
#### COVID-19 hospital admissions levels in U.S. by county

Based on new COVID-19 hospital admissions per 100,000 population

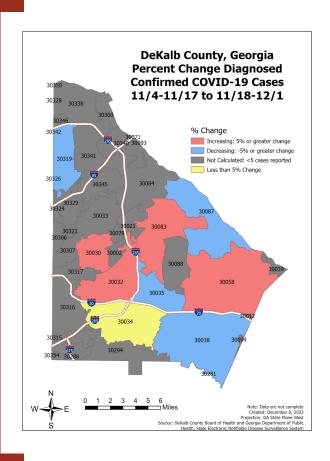
	Total	Percent	% Change
≥ 20.0	114	3.54%	1.18%
10.0 - 19.9	679	21.08%	3.88%
<10.0	2428	75.38%	-4.84%

Time Period: New COVID-19 hospital admissions per 100,000 population (7-day total) are calculated using data from the MMWR week (Sun-Sat) ending December 2, 2023.

#### Reported COVID-19 New Hospital Admissions Rate per 100,000 Population in the Past Week, by County - United States



### COVID-19 Confirmed Cases by Zip Code, DeKalb County, as of 12/8/23

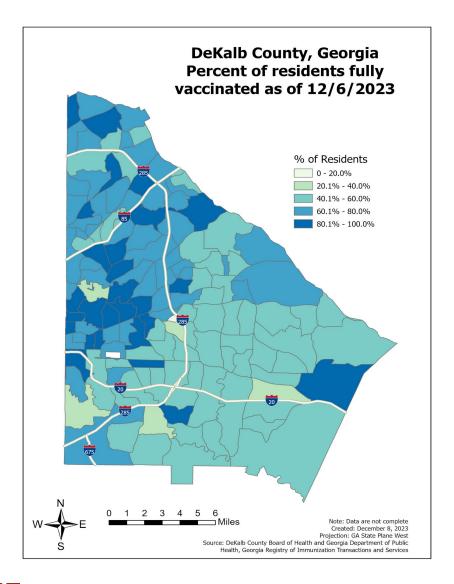


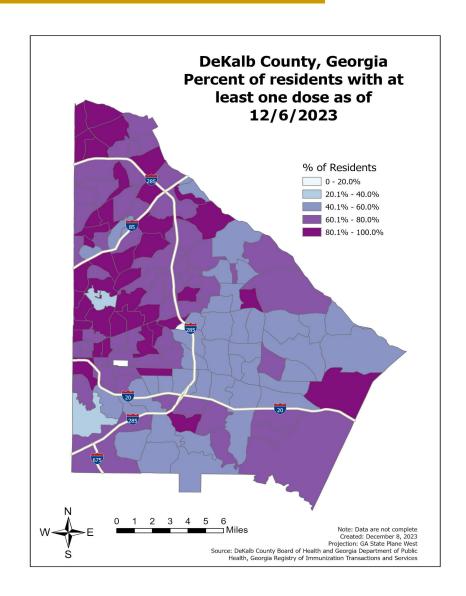
Zip Code	Total Cases	% of Total	Previous 14 Days 11/4- 11/17	Recent 14 Days 11/18- 12/1	% Change
All DeKalb	172117	100.0%	148	151	2.0%
30058	13420	7.8%	9	22	144.4%
30083	11499	6.7%	7	9	28.6%
30034	11331	6.6%	7	7	0.0%
30032	10470	6.1%	11	17	54.5%
30038	10177	5.9%	13	7	-46.2%
30319	8916	5.2%	7	5	-28.6%
30338	7714	4.5%	5	<5	NA
30341	7473	4.3%	<5	10	NA
30329	6993	4.1%	<5	<5	NA

# **DeKalb County Vaccine Distribution**

- DeKalb County (as of 12/8/2023)
  - Total vaccine doses administered: 1,495,556
  - Residents with at least one dose: 70.2%
  - Residents fully vaccinated: 63.9%
  - Residents with an additional dose: 36%

# COVID-19 Vaccination Maps (data through 12/08/23)





# HOW DO WE ADDRESS THESE DISPARITIES?

# Clinical Services and Programs

### Adult Health

- Breast and Cervical Cancer Screening Program
- Dental Health
- Early Care Clinic
- Family Planning
- Immunizations
- Men's Health
- Minor Care Clinic
- Pregnancy Testing
- Sexually Transmitted
   Diseases
- Travel Medicine
- TB and Refugee Health

# Maternal and Child Health

- Adolescent Health & Youth Development
- Babies Can't Wait
- Children 1st
- Children's Medical Services
- Dental Health
- Mothers Offering Resources and Education
- Women, Infants, and Children (WIC) Nutrition Program

### **Health Promotion and Prevention Programs**

- Chronic Disease
   Prevention
  - Chronic disease health education, such as diabetes, heart disease, stroke, and asthma
  - Prevent T2: DiabetesPrevention Program
  - Tobacco Prevention and Cessation
- Disease Surveillance and Outbreak Investigations
  - Notifiable diseases
- EmergencyPreparedness

- Injury Prevention
- Environmental Health
  - Body crafting permits and inspections
  - Hotel and motel permits and inspections
  - Lead poisoning prevention
  - Mosquito control
  - Radon testing
  - Restaurant permits and inspections
  - Septic tank permits and inspections
  - Swimming pool and spa permits and inspections

### **Community Engagement**

- LEAD DeKalb (Local Efforts to Addressing Disparities in DeKalb)
- Live Healthy DeKalb Coalition
- Partner with several community organizations and faith-based organizations

### **Chronic Disease Prevention Programs**

- Diabetes Prevention & Management
  - Lifestyle Change Program by PreventT2
    - National Diabetes Prevention Program led by CDC
  - Diabetes Self-Management Education & Support
    - Comprehensive services that give people tools they need to properly manage their diabetes and reduce risk of complications
- Tobacco Cessation
  - Provide tobacco education classes to organizations and community partners

### **Chronic Disease Prevention Programs**

- Men's Health Clinic
  - Access to primary care to low-income, uninsured, or underinsured men living in DeKalb County
- Hypertension Control Program
  - Aim to achieve blood pressure control among patients in the Men's Health Clinic
- Barbershop Initiative
  - Blood pressure monitoring, glucose screenings, health education and presentations
- Fathers Offering Resources and Education
  - Provides fathers with resources and skills to be engaged, effective, and healthy fathers

### **Adolescent Health & Youth Development**

### Asthma initiatives

- Teach evidence-based curriculums on asthma management & creating Asthma Action Plans
- Partnered with schools, recreation centers, after school programs, and CHOA for asthma education and awareness
- Trainings for other professionals including nurses and teachers for free

### Teen Pregnancy

- Teach evidence-based curriculums (Making a Difference and Making Proud Choices) for teens
- Personal Responsibility Education Program works to reduce risks among youth (drug use, safe sex, abstinence, dating violence)

### HIV/AIDS

### HIV prevention

- HIV testing in key areas throughout the county
- Rapid linkage to care for those testing positive
- Partner tracing and services
- Pre-exposure prophylaxis for people at risk for HIV to prevent getting HIV
- STI education, awareness, treatment, and referral

### HIV/AIDS Care

 Comprehensive HIV/AIDS care including medication adherence counseling; mental health screening, counseling, and referral; nutritional counseling; Housing and utility assistance to prevent homelessness

### **Mothers Offering Resources and Education**

### Education

- Car Seat Safety
- Safe Sleep
- Newborn Care
- Ages and Stages
- I'm a Parent, Now What?



### Additional Educational Offerings

- Breastfeeding
- Anger Management/Parenting
- Nutrition
- Post-partum Depression
- Motivational Sessions



### **Mothers Offering Resources and Education**

### Lay Health Advisors (Resource Moms)

- Certified Doulas
- Certified Child Passenger Safety Technicians
- Certified in Youth Mental Health First Aid
- Lifestyle Coaches for Diabetes Prevention
- CPR Certified Infant and Adult

### Partnerships and resources

- Work Source of DeKalb
- Partnership for Community Action
- Community Development Institute
- St. Vincent de Paul
- Decatur Cooperative Ministries
- Babies R US
- County Fire Departments



### Women, Infants, Children (WIC)

### Eligibility

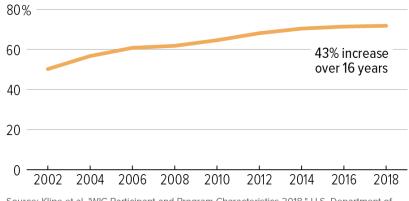
- At or below 185% of federal poverty level or enrolled in Medicaid and who are at risk for nutritional deficiencies
- Pregnant, postpartum and breastfeeding women
- Infants and children up to their 5<sup>th</sup> birthday
- Increase nutrition education of participants
  - Nutrition education, breastfeeding education, vouchers for healthy foods, and referrals to other health and social services
- Increase infant breastfeeding initiation and duration
- Decrease # children who are overweight/obese

### Women, Infants, Children (WIC)

- Prenatal WIC participation lowers risk of infant mortality
  - Especially among
     African American
     participants
- From 2002 to 2018, percentage of infants participating in WIC who were breastfed increased from 50.2% to 71.8%



Percentage of infants participating in WIC who were breastfed



Source: Kline et al. "WIC Participant and Program Characteristics 2018," U.S. Department of Agriculture, May 2020.

CENTER ON BUDGET AND POLICY PRIORITIES I CBPP.ORG

# LEAD DeKalb: Local Efforts towards Addressing Disparities in DeKalb

#### PHASE I

## LEAD DEKALB

**Local Efforts towards Addressing Disparities in DeKalb** 

The LEAD DeKalb (Local Efforts towards Addressing Disparities in DeKalb) initiative was created to improve health, prevent chronic disease and reduce health disparities in DeKalb County. Strategies implemented via this initiative were funded by a Centers for Disease Control and Prevention REACH (Racial and Ethnic Approaches to Community Health) grant.

The DeKalb County Board of Health received a REACH grant from September 2014 through September 2018. The Board of Health and its community partners worked collaboratively to implement tailored, community-based and participatory strategies to address poor nutrition and lack of physical activity. The emphasis was on policy, systems and environmental change.

#### These strategies included:

#### **Farmers & Mobile Farmers Markets**

Offered access to high quality, locally grown produce at an affordable price.

#### **Parent Health Ambassadors**

Educated parents of DeKalb County public school students on child health and wellness, school health policies and skills needed to become school change agents.

#### Safe Routes to Schools

Provided opportunities for school children and their families to make biking and walking to school safe and fun transportation alternatives.

#### **Shared Use Agreements**

Promoted increased physical activity by providing safe and accessible spaces to residents via partnerships with faith-based organizations to open their facilities to the public.

Health Assessment and Promotion (404) 508-7847 dekalb.ocdp@dph.ga.gov www.DeKalbHealth.net



### **LEAD DeKalb: Local Efforts towards Addressing Disparities in DeKalb**

# LEAD DEKALB

**Local Efforts towards Addressing Disparities in DeKalb** 

Partnerships were created with community-based organizations, schools, faith-based organizations and government agencies to increase access to healthy foods and places for physical activity in DeKalb County.

#### These partners included:

#### **DeKalb County Schools**

Chapel Hill Elementary School

Columbia Elementary School

Mary McLeod Bethune Middle School

Snapfinger Elementary School

Stoneview Elementary School

Toney Elementary School

#### **Faith-Based Organizations**

Beulah Community Family Life Center

The Bridge at Austin Drive

Fairfield Baptist Church

KD Moore Community Development

Memorial Drive Presbyterian Church

R.E.A.C.H. Community Development Center

Saint Philip Community Development Corporation

Stronghold Christian Church

Tabernacle of Refuge

#### **Government Agencies** City of Lithonia

City of Stone Mountain

DeKalb County Parks, Recreation and Cultural Affairs

DeKalb County School District

Georgia Safe Routes to School Resource Center

University of Georgia DeKalb County Cooperative Extension

#### **Community-Based Organizations**

Stone Mountain Farmers Market

Tucker Farmers Market (Q Ventures, Inc.)







### **LEAD DeKalb: Local Efforts towards Addressing Disparities in DeKalb**

#### PHASE II

**Local Efforts towards Addressing Disparities in DeKalb** 



The LEAD DeKalb (Local Efforts towards Addressing Disparities in DeKalb) initiative aims to improve health, prevent chronic disease and reduce health disparities in DeKalb County. Strategies implemented via this initiative are funded by a Centers for Disease Control and Prevention REACH (Racial and Ethnic Approaches to Community Health) grant.

The DeKalb County Board of Health has received a REACH grant for September 2018 through September 2023. The Board of Health and its community partners work collaboratively to implement tailored, community-based and participatory strategies to address poor nutrition and lack of physical activity and to improve community-clinical linkages.

#### The strategies include:

#### Community-Clinical Linkages Promotes the use of appropriate, local health programs by increasing referrals and access to communitybased programs.

#### **Lactation Support**

Provides breastfeeding support services to mothers and babies through community partnerships and to improve health. The goal is to stakeholders.

#### **Mobile Farmers Market**

Offers access to fresh produce at an affordable price via a partnership with University of Georgia DeKalb County Cooperative Extension.

#### **Parent Health Ambassadors**

Establishes healthy nutrition standards 

Encourages and provides parents on food service guidelines to increase access to healthy foods.

#### **Park Prescription**

Promotes the growing movement of prescribing time in parks and nature increase outdoor physical activity to prevent (or treat) the health problems community residents with access to that result from inactivity.

#### Safe Routes to School

in after-school programs by educating opportunities for children and families to make bicycling and walking to school safe and appealing, in partnership with the DeKalb County School District and the National Center for Safe Routes to School.

#### **Shared Use Agreements**

Promotes physical activity by providing safe and affordable places for exercise and play via shared-use agreements with facilities such as faith-based organizations and recreation centers.

**Health Assessment and Promotion** (404) 508-7847 dekalb.ocdp@dph.ga.gov www.DeKalbHealth.net

**REACH 2018** Fiscal Years: 2018 - 2023





Georgia CEAL: Garnering Effective Outreach and Research in Georgia for Impact Alliance (Georgia) Community Engagement Alliance (CEAL) Against COVID-19 Disparities

### What is Georgia CEAL?

Georgia CEAL (GA CEAL) is a statewide coalition that is part of a network of 21 support teams across the US. Each statewide team through the NIH CEAL Network collaboratively conducts urgent community-engaged research and outreach focused on COVID-19 awareness and education. GA CEAL is designed to conduct community responsive, innovative research and outreach to understand and address vaccine hesitancy, misinformation and mistrust towards acceptance, confidence in and uptake of COVID-19 vaccination.

The Georgia CEAL lead principal investigators are Tabia Henry Akintobi, PhD, MPH (Morehouse School of Medicine), with other community principal investigators: Sedessie Spivey, DBA, MS (Dekalb County Board of Health), David Williams, MD, MPH (Southside Medical Center), and Robert Bednarczyk, PhD, MPH (Emory University).



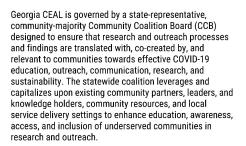






#### **Purpose of Georgia CEAL**

The COVID-19 pandemic has revealed striking morbidity and mortality disparities among racial and ethnic minority communities, and populations who are disproportionately exposed infected and die due to complications associated with COVID-19. Georgia CEAL works to eliminate these disparities across Georgia and delivers intentional and strategic engagement of Black and LatinX communities.





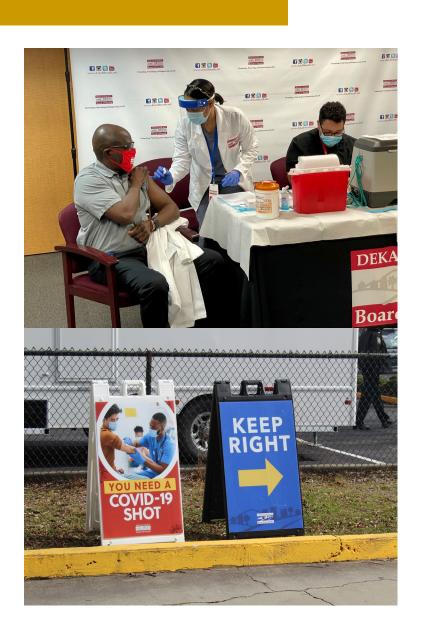


To learn more about Georgia CEAL please visit our website at Georgia CEAL | Morehouse School of Medicine (msm.edu).

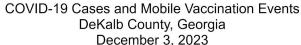


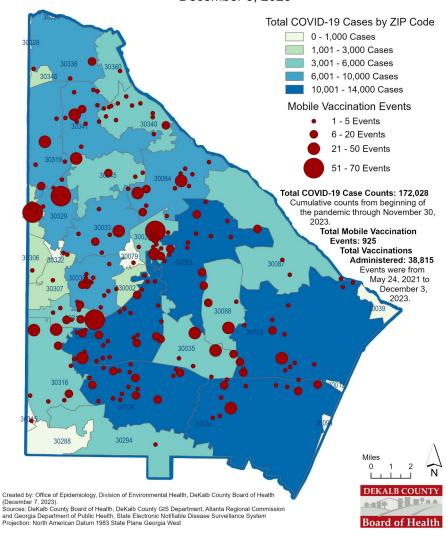
### **DCBOH COVID-19 Response**

- COVID-19 Case Investigation and Contact Tracing
- COVID-19 testing and vaccination Clinics
- Strike Team
  - EMS, Fire, Police
  - Elderly living in personal care homes
  - Senior living facilities
  - Homebound residents
- DeKalb School Districts
- CORE
- Mobile COVID-19 teams



### **DCBOH Mobile COVID-19 teams**







# Questions?

sandra.valenciano@dph.ga.gov

www.dekalbhealth.net

